

## ESSpa Spa Experiences

ESSpa EXperiences are truly special – for those in need of time alone, to strengthen a bond among friends, for business leaders to reward their associates and clients. Customized to your every whim, an ESSpa Spa EXperience will take you to a place where the world is put on hold and your inner spirit is restored. Here health and harmony are rediscovered as exclusive, individualized ESSpa treatments transport you beyond mere luxury to complete nirvana.

### Essprit Package ~ 2 ½ Hours. \$199

The ESSprit is our “spa sampler” package. Includes a quick-fix from every spa group - a Mini Facial; 30 minute Swedish Massage; Mini Pedicure & Mini Manicure. Perfect choice for a group event.

### Essential Package ~ 3 ½ Hours. \$250

The ESSential includes three luxurious full-service spa treatments: our Long Hungsrian Facial, ESSpa Signature Spa Manicure & Ultimate Pedicure. *Add champagne & lunch for only \$30 more.*

### Esquire Package ~ 4 Hours. \$275

Good grooming boosts confidence and closes deals. Includes a 60 minute Deep Tissue Massage; Gentleman’s European Facial; Men’s Manicure & Ultimate Pedicure. *Add complete lunch for \$30 more.*

### Excellence Package ~ 4 Hours. \$299

Includes full-size services from each spa category - a Hungarian Long Facial; 60 minute Swedish Massage; Traditional Spa Pedicure & Spa Manicure. *This package includes champagne & lunch.*

### Escape Package ~ 5 Hours. \$399

The ESScape includes a One-Hour Swedish Massage; an Exfoliating Body Polish; The ESSpa Signature Facial; a Spa Manicure; and our AVEDA Hungarian Hair Spa Shampoo, Cut & Syle. Pure Bliss!

### Estate Package ~ 6 Hours. \$499

A series of treatments to rejuvenate mind, body and soul. Includes Hot Chocolate Body Wrap; 60 minute Stone Massage; Hungarian Long Facial; Signature Manicure and Ultimate Pedicure; AVEDA Hair Shampoo, Cut & Style. *Add champagne & lunch for \$10,*

### Exquisite Package ~ 7 Hours. \$599

The Ultimate Spa Experience. Your pampering begins with our Hungarian Long Facial. Includes 90 minute Hot Stone Massage; Exfoliating Body Polish; Signature Manicure; Ultimate Pedicure; AVEDA Hair Shampoo, Cut & Style. *Includes champagne lunch.*

## Dinner and Duet Massage

*The Ultimate Evening of Romance and Relaxation. Enjoy a rejuvenating side-by-side Duet Massage. After a monsoon steam shower comes a sumptuous gourmet dinner for two complete with all the trimmings and fine Champagne. At evening’s end, we send you on your way with a beautiful bouquet of flowers. Call for price.*

## AVEDA Hair Spa

AVEDA is THE best naturally-sourced, environmentally-responsible hair care. ESSpa was chosen to be the first AVEDA Hungarian Hair Spa in the United States because our philosophy uniquely compliments the AVEDA mission and passion to provide the best hair care services possible. Our professional stylists and color artists have decades of experience creating the perfect cut and color to match your personal style with your wildest dreams. From the Boardroom to the Classroom to the Red Carpet. ESSpa’s AVEDA Hair Spa has it!

### Hair Cut & Style ~ From \$45

YOU have a very particular, personal, extremely unique style. There is nothing better when YOUR vision is made reality by a truly gifted Hair Artiste. There is simply no one better qualified to work on your hair than our ESSpa/AVEDA professionals. Imagine an idea. Think of a dream. Bring a picture. Ask for an opinion. Then relax, have some wine and we will make it happen.

### Professional Hair Color ~ From \$60

From a subtle highlight to something new, sticking and bold – your hair color can reflect your inner wild-child or hide your innermost secrets or anything in between. Regardless, your hair color is yours and yours alone. Allow us to show you the perfect, lasting shade to make you happy, healthy & absolutely beautiful.

## ESSpa Massages

Our Internationally-Trained, Licensed Massage Therapists are experts in identifying problem areas and finding solutions to aches & pains. Massage Services are also available outside in our well-appointed, private, screened Gazebo. Please call 814-380-9772 for details.

### Traditional Swedish Massage

Our version of the most common of massage therapies. A gentle, relaxing full-body massage of long, relaxing strokes helps to melt away the stress as your body is readjusted to an even balance. Increased circulation + less tension = complete relaxation.

*From \$60+, 30 min - 45m - 60m - 90m - 2 hrs available*

### Deep Tissue / Sports Massage

Reach deep into the musculature of the body. Recommended after golf, tennis or any strenuous workout (including the office).

*30 minutes – 45 min - 60 min – 90 min – 2 hrs available*

### Hot Stone Massage

SIMPLY AMAZING! Heated volcanic stones are strategically worked deep into muscles, delivering intensely therapeutic heat that will melt stress, increase circulation & create total body relief

*30 minutes – 45 min - 60 min – 90 min – 2 hrs available*

### The Duet Massage

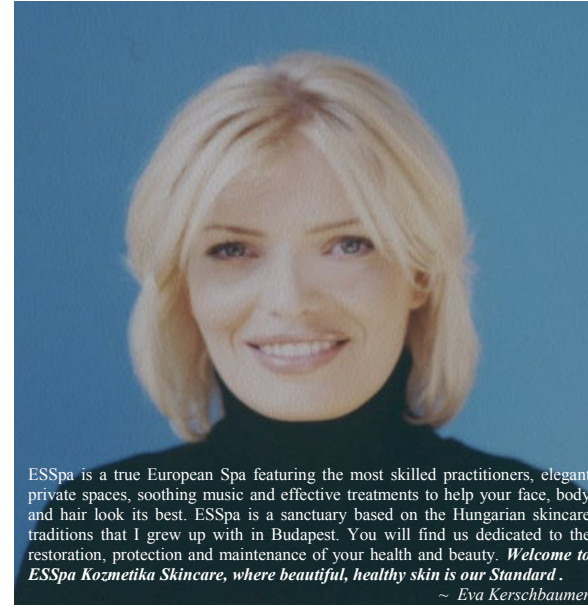
A Signature Service in our luxury Side-By-Side Massage Suite.

*30 minutes – 45 min - 60 min – 90 min – 2 hrs available*

### Maternity Massage

Enjoy a gentle, relaxing massage specifically designed for the Mother-to-be (after 1<sup>st</sup> trimester only) Includes baby massage tips

*30 minutes – 45 min - 60 min – 90 min – 2 hrs available*



ESSpa is a true European Spa featuring the most skilled practitioners, elegant private spaces, soothing music and effective treatments to help your face, body and hair look its best. ESSpa is a sanctuary based on the Hungarian skincare traditions that I grew up with in Budapest. You will find us dedicated to the restoration, protection and maintenance of your health and beauty. *Welcome to ESSpa Kozmetika Skincare, where beautiful, healthy skin is our Standard.*

~ Eva Kerschbaumer

**Reservations** - are subject to availability. We recommend that you book your spa treatment/services at least 3-4 weeks in advance so that we can meet your scheduling requests. A valid credit card is required to guarantee your reservation at the time of booking. We request that children under 16 be accompanied by an adult. Groups are welcome.

**Cancellation Policy** – As a courtesy to our staff and clients, if you must cancel or reschedule, please call us *at least 24 hours* before your scheduled appointment time to avoid being charged a cancellation fee. *No-Shows will be charged the full value of any missed services.*

**Check In** - Please arrive 10 minutes prior to your appointment so you may relax and prepare for your treatment. Robes, Slippers, Towels and bath items are available for the convenience of our spa guests. In consideration of all Spa guests, late arrivals may receive an abbreviated service and still be charged the scheduled service price.

**Gift Certificates** - ESSpa Gift Cards are perfect for any event, special occasion or thank you. Gift Cards can be used to purchase services, packages, or a variety of ESSpa products. Cards are not refundable but are transferable. Prices may be higher when redeeming a Card than at the time the Card was purchased. Coupons, discounts & EvaSaver Specials cannot be used when paying with Gift Cards.

#### No Cellular Phones and or Tobacco

To preserve our tranquil setting & make the ESSpa experience relaxing & enjoyable – *NO* cell phone and/or tobacco use is allowed.

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

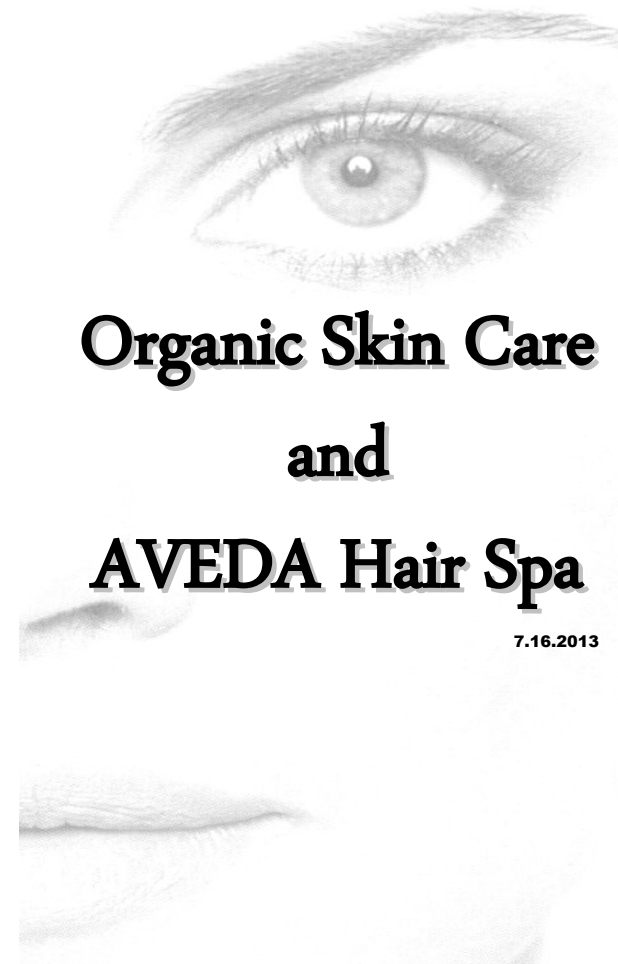
**Gratuities** – Gratuities are not included in our treatment or package prices. For your convenience, envelopes are available at the desk. *Please note that we cannot take gratuities by credit or gift card.*

**100 Cricklewood – State College, Pa 16803**

Open Every Day 10am – 6pm. Early & After Hours by Appointment

Call (814) 380-9772 ~ ESSPA.us

## ESSpa Kozmetika at The Carnegie Inn



## Organic Skin Care and AVEDA Hair Spa

7.16.2013

**100 Cricklewood Drive @ Toftrees Avenue  
State College, PA 16803**

Open Every Day 10am – 6pm.

Early and After Hours available by Appointment.

Call 814-380-9772 ~ ESSPA.us

## ESSpa Body Treatments

All ESSpa Body Wraps include a 15 minute session in our FIR Sauna. Additional sessions are available for only \$10 per 15 minute increment

### **Hot Chocolate Body Wrap**

~ \$150

Chocolate has been used by Central Americans to treat fever and coughs, and by 19<sup>th</sup> century eclectics who used chocolate butter (cocoa butter) to dress wounds and treat asthma. Packed with antioxidants from pure cocoa, our chocolate body wrap cleanses & moisturizers the skin, increases lymphatic flow and provides essential nutrients. Oxygenate your tissues and feed your body. A healthy indulgence with 0 calories!

### **Hungarian Honey Massage**

~ \$180

Warm, locally-sourced, organic honey is poured all over your body and then your therapist kneads it into your body until it is completely absorbed. The result is absolutely incredible. This is literally like nothing you have ever felt or experienced before. Your body will rejoice and your friends will demand to know why you are so happy and pretty and full of energy. For best results drink lots of water.

### **Exfoliating Body Polish**

~ \$99

We take nutrient rich Dendritic salts mined from ancient sea beds and mix with trace minerals, fruits and essential oils full of rejuvenating vitamins to cleanse and nourish thirsty skin. An important treatment in restoring & maintaining your total body health

### **Massage & Body Polish**

~ From \$150

Combine these two wonderful treatments to give your body a beautiful boost. Start with our exfoliating organic sugar scrub and then enjoy a relaxing 30 minute Swedish massage to deliver soothing relief to tired muscles and rehydrate dry, thirsty skin.

## Waxing & Hair Removal

Eva's Eyebrow Shaping	\$25
Lip, Chin or Sideburns (each)	\$18 & up
Underarm	\$29 & up
Half Arm	\$39 & up
Full Arm	\$50 & up
Half Leg	\$50 & up
Full Leg	\$70 & up
Classic Bikini	\$40 & up
Brazilian Bikini	\$80 & up
Back or Chest	\$75 & up

## Xtreme Lashes & MakeUp

Most Spas treat this as an afterthought. At ESSpa, makeup is Eva's forte! Radiant colors and pure mineral ingredients help keep skin healthy and looking fantastic.

ESSential Make Up Application	\$100
Eyelash Tinting	\$29
Eyebrow Tinting	\$25

Xtreme Lashes™ are a revolutionary new product that will provide longer, thicker, luscious and natural looking eyelashes. Xtreme Lashes™ are not traditional fake eyelashes - they are semi-permanent, extremely light weight extensions that are *applied directly to each individual eyelash*. A complete set should last up to 60 days with touch-ups every 4 weeks.

Xtreme Lashes	\$400
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## AVEDA Wedding Program

ESSpa knows how important your wedding day is. We recommend the following to ensure your beautiful mind, body and soul. Let our personal spa assistants arrange a very special Bridal Shower, Bachelorette Party, or time for Mother & Daughter.

### **One - Two Months Before Wedding:**

Begin Series of European Facials, Massage plus Hair & MakeUp Trial Application  
**Wedding Day:**

Traditional Swedish Massage. Spa Manicure & Pedicure. Complete Hair & MakeUp.

### **On-Site Professional Hair Stylist**

**3 person minimum. Please call 814-380-9772 for details**

## ESSpa Manicures

### **Ultimate Signature Manicure**

~ \$55

This is a lavish manicure. Nails are professionally clipped, shaped and buffed, and cuticles are conditioned. Includes a forearm and hand massage, followed by an exfoliating scrub and moisturizing paraffin bath with warm mitts. Then dress your perfect nails with polish of your choice.

### **Hungarian Spa Manicure**

~ \$35

Nails will be professionally clipped, shaped and buffed, with special attention to your cuticles. A soothing paraffin bath will release tension and stress commonly found in the hands. Top it off with the latest color polish.

### **Shellac Manicure**

~ \$60

This specialized treatment will provide you with understated, long-lasting, beautiful nails that will not chip, scratch, dent or fade for several weeks.

### **Classic Manicure**

~ \$27

Our standard Manicure without Paraffin or massage.

## ESSpa Pedicures

### **Ultimate Signature Pedicure**

~ \$90

Beyond traditional, this treatment begins with a steaming foot soak in a hand-hammered copper tub. Then comes an exfoliating leg and foot massage followed with a warming mask to lock in moisture and nutrients and guaranteed to make feet smooth, supple and refreshed. Trim & Polish.

### **Hungarian Spa Pedicure**

~ \$59

Includes a softening fizzing foot soak; a moisturizing foot massage; callous removal and rejuvenating paraffin bath to rehydrate sore feet. Nails are then trimmed, shaped & buffed and finished with your choice of polish.

## Nails for Males

### **Gentleman's Manicure**

~ \$30

A gentleman's version of our Classic Manicure. The first thing that women look at in a man are his hands. Make an immediate good first impression and show everyone how well-groomed you are. When complete, your nails are buffed to a smooth, clean finish.

### **Gentleman's Pedicure**

~ \$49

Work or Play – most guys don't take proper care of their feet. Take a step towards healthier feet with a Spa Pedicure designed for a true gentleman. This incredibly relaxing treat will also help relieve odor, fungus and stress. Great service for diabetics.

## Signature Nail Services

### **Popscicle Manicure**

~ \$59

After nails are trimmed and shaped we apply a different summer "Popscicle" color to each nail creating a beach perfect look. Opt for the "French Popscicle" upgrade and add a contrasting color to the tip of each nail. (*Have a Popscicle Pedicure ~ \$99*)

### **Louboutin French Mani**

~ \$65

Inspired by the famous Louboutin red sole, comes this most unique "French" Manicure with a rich red UNDER the nail. Cheaper than a pair of heels but you do need long nails

### **MojiToes Pedicure**

~ \$99

Feet are soaked in a steaming, deodorizing concoction of zinc, fresh lime slices, essential citrus oils, muddled mint and a splash of rum allowing the sugars and fruit acids in the rum to act as a softening agent and the lime, zinc, mint & oils to disinfect.

## Facial Treatments

ESSpa Facial Treatments are different than anything you have ever experienced. Each treatment is uniquely customized to your exact needs, desires and skin requirements AT THE TIME OF YOUR SERVICE. Our methods are specifically designed to achieve healthy, visibly-noticeable improvements in your complexion. Our Facials include more steps, more expensive ingredients and deliver better results. You will notice the best results when you commit to a series of treatments and use an ESSpa-recommended home care regime between visits.

### **Hungarian Long Facial**

This Hungarian Classic will leave you glowing. Our original facial customized to address each individual's skin type. Includes cleansing; exfoliation; deep pore extraction; facial massage with steam; and therapeutic masks to dramatically improve skin health

### **Problem Skin / Acne Facial**

We identify and specifically address the underlying cause of the problem rather than simply concealing it. Antioxidants & natural ingredients from Hungary combine to help enrich and regenerate epidermal layers while soothing and calming sensitive skin.

### **Gentleman's Facial**

Entertainers, Athletes, Business Tycoons and True Gentlemen all understand that one of the secrets to their success is to spend some quality time on themselves and to let a professional help them look great. Make arrangements today and let ESSpa show you how to take proper care of your skin with this Traditional European facial customized specifically for a gentleman's skin.

### **Skin Peel / Resurfacing Upgrade**

We use natural Fruit Acids or Natural Enzymes to exfoliate the epidermis and stimulate cellular activity to supercharge the effectiveness of your ESSpa Facial Treatment. After a careful and interactive consultation, your therapist will determine the appropriate strength for your skin type.

### **European Express Facial**

The Facial for those on the fly. This is a quick, easy way to look refreshed and ready to go. Combine this facial with our AVEDA Blow'nGo Style (\$25+) and start your morning (or evening) right.

## ESSpa Power Facials

### **MicroDermabrasion – MEGAPEEL**

Our self-contained, medical-grade MegaPEEL Dermabrasion System is the premier *non-surgical* skin-resurfacing treatment for all skin types. In minutes fine lines, wrinkles, scars, blemishes and acne will be blown away.

*Facial Treatment \$149*

*Series of 4 \$399*

### **The Biopeptix 'Peel+Heal' Facial**

Pure, unrefined plant extracts and Israeli mineral water contain essential fatty acids, proteins, glycerides, polyphenols, manganese, phosphorus, potassium & vitamins. Very real, very visible anti-oxidant results from the combination of moisturizing lipids to plump and firm skin, while Cinnamon and other elements stimulate healthy cell growth and renewal.

*Single Treatment - \$175*

*Series of 4 - \$500*

## ESSpa Signature Facials

Our Signature Facial Treatments are carefully selected to provide you with the most effective skincare treatment that is at once rejuvenating and relaxing. Distilled from hundreds of years of traditional methods passed down from generation to generation combined with 21<sup>st</sup> Century science, the result is how wonderful you will look afterwards. Please ask about your *Skinscription*

### **Consultations Are Always Complimentary**

### **Get Moore Facial**

This is the facial treatment that Eva gave A-List Actress Julianne Moore on a weekly basis in the Spring of 2008. It includes everything that you could possibly ask for in order to return (or maintain) your face to its original, youthful perfection using a combination of concentrated organic ingredients and advanced science to create a powerful, "made-to-order" skin treatment.

### **Champagne Facial**

Does your face need a complete overhaul? This facial is customized based on the individual guest's desired outcome and skin care challenges. All options will be discussed during a thorough consultation with your skin care therapist at appointment time. Skin analysis, Cleansing, toning, rejuvenating steam, exfoliation, extractions (as needed), massage, masquing, moisturizing, serums and special attention to the orbital (eye) area are included.

### **Thermal Oxygen Facial**

Today's harsh environment deprives your skin of the oxygen it needs to function properly. Originally designed to help burn victims heal faster, we use the only Oxygen System clinically proven to deliver oxygen, water & other nutrients at the cellular level. Helps to remove toxic pollutants, improves circulation and restore tired skin.

### **AntiOxidant Pore-Draw Facial**

Voted "the best facial in the world" by The London Times, this is the treatment that many well-know celebrities start with and continue with until their skin is balanced and clear of major congestion. Enjoyed regularly by the Jennifer Aniston and other A-listers, to ensure that they have clean and bright complexions.

## Facial Enhancements

Eva is very particular when it comes to choosing what products she uses and what she uses at home. She is even more particular when it comes to what she and her staff put on YOUR face and recommend for your home use. Here are some of the more unique services that can be added to any of our Treatments.

- Purifying Hungarian Back Facial
- Exfoliating MicroSonic Super Cleansing Treatment

- HydroGel Intensive Hydration (Take Home Mask)
- Intensive Vitamin-C Therapy

- HydroGel AntiAging/Puffy Eye Fix (Take Home Mask)

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